



# 2025 Basketball Rules

## CITY OF BOULDER PARKS AND RECREATION DEPARTMENT

### OBJECTIVES AND PURPOSES

The objectives and purposes of the Boulder Parks and Recreation Department Adult Sports Leagues shall be to foster, develop, promote and regulate amateur athletics in the City of Boulder; to establish rules, and regulations governing all teams participating: to engage in any activity that will be beneficial to the participants and the leagues' well-being; to extend the sports listed heron as wholesome recreational activities.

### GENERAL POLICY STATEMENT

The Boulder Parks and Recreation Department reserves the right to change any and all rules, regulations and policies whenever due cause warrants a change. When a change is made, all managers of teams affected by the change will be notified. The Rules Committee that governs all Boulder Parks and Recreation Adult Sports will be composed of the Recreation Supervisor and the Program Coordinator for the respective sport.

**NO FOUL LANGUAGE:** Foul language is not permitted. The referee will give a single warning to both teams at the first infraction. Any infraction following the warning will result in an immediate technical.

**SPORTSMANSHIP** and fair play will be the hallmark of all adult athletic programs.

**Bottles and Kegs:** No bottles or kegs are allowed at the athletic complexes.

### TEAM REGISTRATION:

In the event that we receive the maximum number of team entries during registration, the following priority will be used for teams on the waiting list.

One, teams that played in the same league and classification last year or teams moving up a classification.

Two, teams that contain the highest percentage of City of Boulder residents.

Teams will not be considered entered until their entry fee has been paid in full.

**Dividing Teams:** The Boulder Parks and Recreation Department reserves the right and authority to place teams into leagues or divisions so competitive parity can be achieved.

**Limit of Team Entries:** The number of team entries will be limited due to facility availability. All entries are taken on a first come, first served basis. To assure team entry, team fees must be paid at the time of registration as designated on the specific league information.

**Refunds:** Absolutely no entry fees will be refunded once the deadline has passed.

### ROSTERS:

The Manager is responsible for all rosters being turned in at the first game. They may be filled out at the first night of your league, please arrive early to do this paperwork. Each player must sign the roster/waiver form before playing.

**Managers are responsible for making sure all their players sign the roster.**

Teams may have as many players on its roster as desired. All rosters must be turned in either typed or printed in a neat manner. **All players must play in a minimum of 2 league games to be eligible for playoffs. Name must be on roster.**

Officials and scorekeeper will be checking rosters intermittently to make sure there are no illegal players.

**Players may play in as many leagues as they want, but only on one team per league.** It is illegal to hop teams, play for one team one game and then another team on the same night. If this does occur, that team forfeits their game.

Players must be **18 years** of age in order to play in the Adult Athletic Leagues.

**Release of Liability:** It is the manager's responsibility to see that each player is aware and agrees that there are certain inherent dangers and risks involved in playing and participating in the sport of basketball. All players must realize that they may be exposed to possible injury in connection with participation in the sport. All players are to be notified that the City of Boulder, the affiliated facilities, affiliated teams, and any staff members will not be held responsible for injuries.

## PLAYING RULES:

Games will be played under the rules of the current year of the National Federation of State High School Associations ([www.nfhs.org](http://www.nfhs.org)) unless specified under local exceptions.

1. Games will be played at **Manhattan Middle School**. Games will be scheduled at various times, depending upon gym availability.
2. Score keepers/facility supervisors are assigned by the City of Boulder parks and Recreation Department. Officials are assigned by an independent contractor.
3. Game balls are supplied by the City of Boulder. If both teams agree to use a different ball, it must be approved by the referee.
4. Game time is forfeit time. Must have a minimum of 4 players when the game begins and ends. If one of the 4 players fouls out or is removed due to technical fouls, the game will end at that point and team with only 3 players left will need to forfeit.
5. **Game**
  - A. Two, 20 minute halves, running clock (except for the last 3 minutes of **2<sup>nd</sup> half**).
  - B. The last 3 minutes of the **2<sup>nd</sup> half**, the clock will stop on all whistles.  
- **If the score is greater than 15 points in the second half the clock will continue to run. The clock will stop on whistles if the score gets to within 15 points.**
  - C. Overtime periods are 3 minute running time, with the last 1 minute being stopped at each whistle. Each team is allowed 1 time out per overtime period and timeouts do not carry over from overtime period to overtime period.
  - D. Mercy Rule: A mercy rule will be put into place if a team is up by 30 or more points with 10 minutes or less remaining in the game. This is referred to as "30 after 30", as it signifies that 30 or more minutes has passed into game play.
6. **Fouls**
  - A. If a player is fouled in the act of shooting and misses the shot, the player is awarded 2 foul shots. If a player is fouled in the act of shooting and makes the shot, **the basket is counted and 1 free throw is rewarded.**
  - B. One and one goes into effect on the 7<sup>th</sup> team foul.  
Double bonus goes into effect on the 10<sup>th</sup> team foul. Shooter is awarded 2 shots.  
In overtime, team fouls will be carried over from end of 2<sup>nd</sup> half.
  - C. **On all foul shots**, players may enter the lane on release of the ball from the shooter's hand. Marked lane spaces may be occupied by a maximum of 3 total spots on each side of the lane.
  - D. **Technical Fouls:** Any player receiving 2 technical fouls is automatically ejected from the game and is to immediately leave the City of Boulder facility. The player(s) is also **suspended** a minimum of their next scheduled game. See Player Code of Conduct.  
Any team receiving **3** unsportsmanlike technical fouls during the course of the game will automatically forfeit that game.
    - i. **Technical Fouls will result in 2 free throws and the ball.**
    - ii. **A player(s) may receive further sanctions based upon the severity of the situation. (See Player Code of Conduct)**
7. **Time outs:** Each team is allowed 2, 1 minute time outs per half. Unused time outs do not carry over to the second half or to any overtime periods.
8. **Substitutions:** Are permitted only during a dead ball situation. All substitutes must be kneeling in front of the scorer's table and wait until the official beckons the player to enter the court. Only enter the game if the officials calls you in.
9. **No Dunking Allowed:** Any player dunking before, during, or after the game is automatically ejected for that game and their teams next scheduled game. Plus a 2 shot technical foul is awarded to the opposing team.  
Any player damaging the rim or backboard due to dunking is responsible for the cost to repair the basket, rim, backboard, and any other costs involved to repair the damage.
10. **Any game, terminated for any reason;** the team with the most points at the time of termination is declared the winner. Terminating the game will be up to the discretion of the official and scorekeeper.
11. **Uniforms:** All must wear the same color or a like color jerseys/shirts with a **4 to 6 inch number**; preferably on the front and back of the jersey. Any irregularity regarding this rule, the referee's decision will be final. If teams have the same color jersey, the first team listed on the schedule will change jerseys or wear the supplied pennies. Teams can just purchase like colored shirts and uses permanent marker or athletic tape for numbers. Any team who does not have uniforms will be required to wear pennies.
12. **Postseason Play:** Postseason tournaments are not part of regular season play unless specified on the specified league

- information. Typically there will be 1 or 2 games that are considered playoff/championship games.
13. **Cancellations:** Games will only be cancelled for weather conditions, damage to facilities, or other acts of nature that cause the facility to close.

14. **Reschedule Policy:** Makeup game schedules will be available after 5 pm the second working day after a cancellation. Once a game has been rescheduled, the makeup date, time, and location will not be changed.
15. **Manager's Responsibilities:** Managers are responsible for having each individual sign the roster prior to participating.
- The manager is responsible for the team's behavior and controlling the emotions of players.
  - Any discussion with the referee's and / or supervisor, should be handled by the manager.
  - Any change of information by the manager; address, phone number, email, etc; it is the manager's responsibility to notify the league coordinator.
  - Any disciplinary action, the manager will be notified of any penalties and fines. It will be the managers responsibility to notify players of their suspension or fines.
  - Managers are responsible for making sure all their players on their team know and understand the rules and code of conduct.
16. **Alcohol, drugs, and tobacco products** or their use, are not allowed in any City of Boulder Recreation Center. If a player seems to be drunk or has been drinking he will be asked to leave the facility. The team that The players was playing on will be issued a Technical Foul.
17. **Amendments / Changes:** Anytime there is a change in a rule or policy regarding the league, managers will be notified by mail, email, or phone.
19. **Tie Breaker Rule:** If 2 or more teams have identical records at the end of league play; the following method will be used to determine league standings:
- If a team has a non-appearance forfeit on their record, it will remove that team from the tie.
  - Head to head competition, the winner of the most games played between the tied teams is awarded the higher place.
  - If the records are the same, the team with the greatest point differential is awarded the higher place.
  - If the point differential is the same, the team allowing the fewest defensive points allowed in game(s) played against each other is awarded the higher place.
20. **Protests:** Protests are not allowed on judgment calls. If protesting a game, all of the following must be completed:
- Notify the official and scorekeeper at the time of the protest.
  - Submit a typed protest explaining the protest and the specific rule misinterpretation and submit to the Athletics office by 5:00 pm the next working day. Email preferred.
  - The protest will be ruled on as soon as all information is assembled. The decision on the protest will be made as soon as possible. The decision will be made consulting the entire City of Boulder sports workgroup.
21. **Forfeits:**
- If a team has to forfeit, the team **MUST** contact the Sports Office by 4:00 pm the day of the game. Contact [kessmanE@bouldercolorado.gov](mailto:kessmanE@bouldercolorado.gov). The team must also notify the other team of the forfeit.
  - 3 forfeits will result in your team getting dropped from the league.
22. **Exiting Building**
- If you are playing the final game of the evening, please be sure to exit the building immediately after your game ends.
  - Teams are required to vacate the court after their game is over to allow the next scheduled game to start on time.
  - Teams are asked to pick up all their trash and remove their belongings from the gym after their game is over.
  - If you have lost something please check the front desk lost and found at the South Boulder Recreation Center.

23. **No Official/Single Official Present Rule:**

**In the event that only 1 official is present, or no officials are present and the two teams wish to play the following must be done before game time.**

- The field supervisor must be notified.
- The absent official form must be signed by both team managers and the field supervisor. (The supervisor will have the form)
- At the game's end the form must be given to the facility supervisor.
- The scores will then be entered into the official record.

**In the event that 1 official is present or no officials are present and the two teams do not wish to play, a makeup game will be scheduled at Program Coordinator's discretion. Please notify the Program Coordinator of this situation within 24 hours of the original scheduled game.**

**City of Boulder Parks and Recreation  
Player Code of Conduct**

**Definitions:**

**Captain/Manager** - A person designated as the team spokesperson. One who is either a player or non-player

**Player** - A person who actively participates in the game, whether it is playing or sitting on the bench, and who is on the roster.

**Spectator** - A person who comes out to watch the games for entertainment with no physical involvement.

**Official** - A person on the field to administer the official rules.

**Scorekeeper/Facility Supervisor**-a person designated to keep score of games and supervise the facility and league.

**Participation** - Any involvement in the Boulder Parks and Recreation Department activities such as spectating, officiating, playing, coaching, registering for classes, or attending non-sporting events.

**Recreation Activity** - Any class or event sponsored by the Boulder Parks and Recreation Department.

**League Director** - The full-time Parks and Recreation employee designated to organize and supervise the activity.

**No player shall:**

\* At any time lay a hand upon, shove, strike, or threaten an official, player, or spectator.

Officials are required to suspend the player immediately from further play and report the player to the League Director.

**Minimum Penalty:** Removal from the game, suspension from the team's next game, \$50 fine, and placed on probation for the remainder of the season.

**Maximum Penalty:** Suspension from all recreational activities for one year and probation for the following year. Case is subject to review the following year. Police involvement.

**No player shall:**

\* Refuse to abide by an officials decision.

\* Be guilty of obscene gestures, objectionable demonstrations, or dissent of an officials decision.

\* Be guilty of using unnecessarily rough tactics in the play of the game against the body and person of an opposing player.

\* Be guilty of physical attack as an aggressor on any player, official, scorekeeper, or spectator.

\* Be guilty of using foul language (swearing) or abusive verbal attack upon any player, official, scorekeeper, or spectator.

\* Appear on the court under the influence of alcohol to the extent that he/she is inclined to cause harm to him/herself or another player.

\* Officials are required to suspend the player immediately from further play and report the player to the League Director.

**Minimum Penalty:** Removal from that game, suspension from the teams next scheduled game, and placed on probation for the remainder of the season.

**Maximum Penalty:** Suspension from all recreational activities for one year and probation for the following year. Case is subject to review the following year. Police involvement.

**No player shall:**

\* Discuss with an official in any manner the decisions reached by an official. (Exception: The manager or captain may confer with the official(s) in a reasonable and civil manner.

\* Smoke in any recreation facility.

**Minimum Penalty:** Warning by the official or issued a technical foul.

**Maximum Penalty:** Suspension from all recreational activities for one year and probation for the following year. Case is subject to review the following year. Police involvement.

1. Any player being placed on probation for the remainder of the season and reported again for the violation of Code of Conduct will be suspended for the remainder of the season.
2. Any player removed from a game must leave the field, court, or facility immediately. This includes any and all city property and any other property used by the City of Boulder for programs. Failure to do so will carry a maximum penalty of suspension for the remainder of the season.
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5. Any person on probation who violates the Code of Conduct will be placed on suspension until the case can be heard by the Parks and Recreation Department.
6. **Any person wishing to appeal a decision reached by the Parks and Recreation Department should do so by calling the department at 303-413-7477 to set up an appointment to discuss the decision reached within 48 hours of the incident.**

## **CITY OF BOULDER PARKS AND RECREATION - SPORTS**

### **ADULT SPORTS**

#### **OBJECTIVES AND PURPOSES**

The objectives and purposes of the Boulder Parks and Recreation Department Adult Sports Leagues shall be to foster, develop, promote and regulate amateur sports in the City of Boulder; to establish rules and regulations governing all teams participating; to engage in any activity that will be beneficial to the participants and the leagues' well-being, and to extend the sports as wholesome recreational activities.

#### **GENERAL POLICY STATEMENT**

The Boulder Parks and Recreation Department reserves the right to change any and all rules, regulations and policies whenever due cause warrants a change. When a change is made, all managers of teams affected by the change will be notified immediately.

#### **GENERAL POLICIES**

The regulations stated under General Policies will govern all adult sport leagues: basketball, softball, volleyball, kickball and soccer.

Animals: No animals will be allowed in any sport complex.

Bottles and Kegs: No bottles or kegs are allowed at the sport complexes. No alcohol is allowed at any Recreation Center.

Pleasant View Soccer Complex – No alcohol is allowed this includes the parking lot too.

Sportsmanship and fair play will be the hallmark of all adult sport programs.

The Rules Committee that governs all Boulder Parks and Recreation Adult Sports will be composed of the Recreation Administrator and the Program Coordinator for the respective sport.

#### **TEAM REGISTRATION**

In the event that we receive the maximum number of team entries during registration, the following priority will be used for teams on the waiting list.

One, teams that played in the same league and classification last year or teams moving up a classification.

Two, teams that were first added to the waitlist.

Three, teams that contain the highest percentage of City of Boulder residents.

Entry Fees and deadlines vary with each sport or league; please refer to the entry fee listed under each sport. Entries must be received by the published deadline or late fees may be incurred. Teams will not be considered entered until their entry fee has been paid in full.

Dividing Teams: The Boulder Parks and Recreation Department reserves the right and authority to place teams into leagues or divisions so competitive parity can be achieved.

Limit of Team Entries: The number of team entries will be limited due to facility availability. All entries are taken on a first come, first served basis. To assure team entry, team and player fees must be paid at the time of registration as designated on the specific league information.

#### **ROSTERS**

Each player must sign the roster/waiver form before playing to be considered an eligible player.

Teams may have as many players on its roster as desired. All rosters must be turned in either typed or printed in a neat manner.

Teams may add players at any time during the season unless designated by specific league rules.

Refunds: Absolutely no team entry or player fees will be refunded once the deadline has passed.

Players may play in as many leagues as they want but only on one team per league. Players must sign a roster/waiver for each team they play with.

Participants must be 18 years of age in order to play in the Adult Sport Leagues.

Current varsity athletes in the particular sport from either high school or college are ineligible during "on" season

Release of Liability: It is the manager's responsibility to see that each player is aware and agrees that there are certain inherent dangers and risks involved in playing and participating in the sports of basketball, softball, volleyball, kickball and soccer. All players must realize that they may be exposed to possible injury in connection with participation in the sport. All players are to be notified that the City of Boulder, the affiliated facilities, affiliated teams, and any staff members will not be held responsible for injuries.

